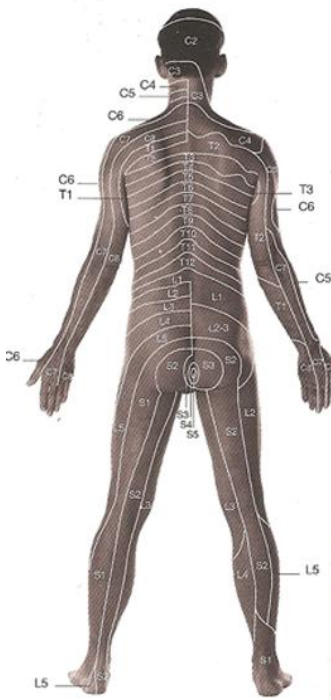
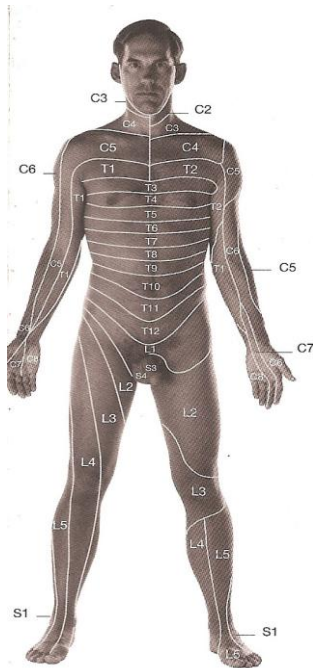


**Acupuncture** is recognized by the **National Institute of Health (NIH)** and the **World Health Organization (WHO)** to be effective in the treatment of many conditions. Please check any of the characteristics below that reflect problem(s) or concerns you may have so that Dr. Armstrong can plan appropriate interventions designed for your health and well-being.

Using the figures of the human body below,  
Please mark any of **your** problem areas.

Your Name: \_\_\_\_\_



**Headache:**  migraine,  tension,  other

**Facial:**  palsy / tics,  pain

**Ears:**  ringing / tinnitus,  poor hearing,  congestion

**Eyes:**  glasses / contacts,  glaucoma,  cataracts,  blurred vision,  itchy eyes,  dry eyes

**Nose:**  sinus problems,  runny nose

**Mouth / Throat:**  dry mouth,  grinding teeth / TMJ,  excessive phlegm,  recurrent sore throat,  thyroid problems

**Respiratory:**  asthma / wheezing,  pneumonia,  shortness of breath,  cough,  bronchitis,  allergies

**Cardiovascular:**  high blood pressure,  low blood pressure,  difficulty breathing,  irregular heart rhythm / palpitations,  blood clots,  chest pain,  cold hands / feet,  dizziness,  varicose veins

**Gastrointestinal:**  nausea,  vomiting,  constipation,  diarrhea,  hemorrhoids,  bloating,  acid reflux,  irritable bowel syndrome,  hepatitis,  gall bladder problems

**Genitourinary:**  incontinence,  kidney stone,  increased libido,  decreased libido,  urinary tract infections,  prostatitis,  edema

**Reproductive problems:**  infertility,  menstrual irregularities,  PMS,  symptoms of menopause

**Musculoskeletal:** Pain in:  neck,  shoulder,  low back,  middle back,  upper back,  wrist,  hands,  knees,  ankle,  feet;  spasms,  weakness,  numbness,  fibromyalgia

**Neuropsychological:**  seizures,  easily stressed,  poor memory,  anxiety,  irritability,  tics,  depression

**Skin and Hair:**  rashes,  hair loss,  eczema,  psoriasis,  hives

**Addiction:**  alcohol,  drug,  smoking,  smoking cessation

**Repetitive strain disorders:**  tennis elbow,  carpal tunnel syndrome,  plantar fasciitis

**Sleep:**  too little,  too much,  dream disturbed,  night sweats;

insomnia:  difficulty going to sleep,  difficulty staying asleep

**Surgical:**  pre-surgical strengthening,  post-surgical recovery

**Weight:**  recent loss,  recent gain

**Other areas of concern?**

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