



Lexington Medical Acupuncture

380 S. Mill Street (at Dudley Square)
Lexington, Kentucky 40508
Elizabeth Armstrong, M.D.

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Patient Information

Name: _____ Today's Date: _____

Address: _____ Date of Birth: _____

City: _____ State: _____ Zip: _____

Occupation (if retired, what did you do in the past?) _____

Home Phone: _____

Cell Phone: _____ Email: _____

(Please ** best way to contact you)

How did you hear about Lexington Medical Acupuncture? _____

Are you under the care of a primary physician now? ___ Yes ___ No

If "Yes", physician's name: _____

Reason(s) for today's visit: _____

How long have you had this condition? _____

What medications, vitamins, or supplements are you currently taking? Please include both prescription and over-the-counter medications.

Medications	Dose	How Often?		Medications	Dose	How Often?

Age / Year	Please list any illnesses, hospitalizations, accidents or surgeries you've had

Please complete the back of this page ⇨ ⇨ ⇨ ⇨

Are you on a special diet? ___ Yes ___ No If "Yes", please describe: _____

On average, how many cups of caffeinated beverages do you drink a day? _____
What kind of beverage(s)? _____

Do you drink alcohol? ___ Yes ___ No How often? _____ How much? _____

Do you use tobacco? ___ Yes ___ No What type? _____ How much? _____
How long? _____ Have you ever tried to quit? ___ Yes ___ No How? _____

Do you exercise? ___ Yes ___ No. What type of exercise? _____
How often? _____ For how long? _____

What complimentary or alternative treatments have you used for your own self care and
treatment of symptoms or conditions you have experienced? _____

Please think about what you hope to achieve from your evaluation and treatment and list
any concerns you would like to see Dr. Armstrong address in the order of their importance
to you. _____

Is there anything else that you feel Dr. Armstrong should know about you relevant to your
condition? _____

***Lexington Medical Acupuncture is committed to offering you care for your
body, mind and spirit that is compassionate, competent, complimentary and
patient-oriented.***

Thank you for joining us!